Changing the Sexual and Reproductive Health Landscape as CHWs Resource List

Here are some resources to get you started, there is a lot out there! You are welcome to reach out to Ellen.Saliares@state.mn.us if you have questions or are looking for something specific.

Websites

Health Services – SMOC (https://smoc.us/family-planning/)

Consent and Confidentiality Laws in Minnesota - MN Dept. of Health
(https://www.health.state.mn.us/people/adolescent/youth/confidential.html)

Sexual and Reproductive Health Services - MN Dept. of Health
(https://www.health.state.mn.us/people/womeninfants/srhs/index.html)

MINNESOTA SEXUAL HEALTH HOTLINE (https://sexualhealthmn.org/)

Sexual and Reproductive Health Clinic by County - MN Dept. of Health
(https://www.health.mn.gov/people/womeninfants/srhs/directory.html)

Health Education Standards in Minnesota (https://education.mn.gov/MDE/dse/stds/hpe/)

Homepage | QFP Guide (https://www.qfpguide.org/)

STI Statistics - MN Dept. of Health (https://www.health.state.mn.us/diseases/stds/stats/index.html)

SIECUS State Profiles (https://siecus.org/siecus-state-profiles/)

Sexually Transmitted Infections (STIs) | STI | CDC (https://www.cdc.gov/sti/index.html)

HIV | CDC (https://www.cdc.gov/hiv/index.html)

Amaze (https://amaze.org/)

Minnesota Family Planning Program / Minnesota Department of Human Services (https://mn.gov/dhs/health-care/family-planning/)

Opill® Donation Program: Supporting Birth Control Access | Opill® (https://opill.com/pages/donation-program)

Bedsider - Birth Control, Sexual Health & Relationships (https://www.bedsider.org/)

Human Trafficking and Exploitation Prevention and Response - MN Dept. of Health
(https://www.health.state.mn.us/communities/humantrafficking/index.html)

Common Sense Media: Age-Based Media Reviews for Families | Common Sense Media
(https://www.commonsensemedia.org/)

The Minnesota Partnership for Adolescent Health - MN Dept. of Health (https://www.health.state.mn.us/people/adolescent/youth/partnership.html)

Articles and Tools

Guide_to_Trauma_Informed_Sex_Education_FINAL.pdf (https://cardeaservices.org/wp-content/uploads/2021/08/Guide_to_Trauma_Informed_Sex_Education_FINAL.pdf)

What US Parents Want from Sex Ed in Schools (https://cdn.plannedparenthood.org/uploads/filer_public/f8/d6/f8d6439d-dbf2-4205-b447-cc9f70815f82/parent_data_fact_sheet_english.pdf)

Fundamentals-of-Answering-Questions-in-Sex-Education.pdf (https://sparked.net/wp-content/uploads/2025/01/Fundamentals-of-Answering-Questions-in-Sex-Education.pdf)

Women's Experiences Accessing Health Information Online: Trusted Sources and Contraceptive Information | KFF (https://www.kff.org/womens-health-policy/womens-experiences-accessing-health-information-online-trusted-sources-and-contraceptive-information/?utm_campaign=KFF-Womens-Health-Policy&utm_medium=email&_hsenc=p2ANqtz-_FiPzt6LPGaq7c65UZkceXSD4f8Gj54HDMKtJ3LckO1MW3sHojAIblHUqLfTERxQ8QYZYGUXqlaVS71g-wNTpZ0U32l6e7kh2nM7FlP6t2xb1u1JA&_hsmi=439273126&utm_content=439273126&utm_source=hs_email)

New Federal Medicaid Cuts Will Devastate Coverage for Reproductive Health Care | Guttmacher Institute (https://www.guttmacher.org/2025/11/new-federal-medicaid-cuts-will-devastate-coverage-reproductive-health-care)

Client-Centered Reproductive Goals & Counseling Flow Chart (https://rhntc.org/sites/default/files/resources/rhntc-client-centered-reproductive-goals-counseling-flow-chart_2-5-2026.pdf)

Guide to Trauma-Informed Meetings and Discussions (https://www.ctipp.org/post/guide-to-trauma-informed-meetings-discussions-conversations)

MN Sexual Consent Law (https://mncasa.org/wp-content/uploads/2026/06/MN-Sexual-Consent-Law.pdf)

Kids-Ask (https://kids-ask.org/)

5 Cs of Media Use Resource Hub (https://www.aap.org/en/patient-care/media-and-children/center-of-excellence-on-social-media-and-youth-mental-health/5cs-resource-hub/)

Letter of Support Comprehensive Sexuality Education (https://www.health.state.mn.us/people/sexualhealth/seuxalityletter.pdf)

Training

Shari Dean with SMOC highly recommends this: Family Planning Health Worker Certification Trainings | Essential Access Health (https://www.essentialaccess.org/learning-exchange/family-planning-health-worker-options)

Home Page - National STD Curriculum (https://www.std.uw.edu/)

Sex Ed To-Go for Teachers | Planned Parenthood of the Pacific Southwest, Inc.
(https://www.plannedparenthood.org/planned-parenthood-pacific-southwest/campaigns/sex-ed-to-go/sex-ed-to-go-teachers)

One Key Question® Online 2025 | Power to Decide (https://powertodecide.org/one-key-question)

Cardea Training Center - Catalog (https://cardea.matrixlms.com/visitor_class_catalog)

STI and HIV Training and Resources - MN Dept. of Health
(https://www.health.state.mn.us/diseases/stds/training.html)