MINNESOTA
AGING AND DISABILITY RESOURCES

Search and find local help

The Minnesota Aging & Disability Resources website can be easily used to find local resources, services and supports for older adults, people with disabilities and caregivers.

Search for things like:

- Help at home
- Money/finances
- Housing
- Transportation
- Help with costs
- Legal/advocacy
- Food
- Benefits
- Health care
- Mental health
- Jobs/volunteering
- Aging and disability



mn.gov/adresources

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Minnesota Aging & Disability Resources is a service of the Minnesota Board on Aging.

MINNESOTA
AGING PATHWAYS

Helping older Minnesotans

Minnesota Aging Pathways helps older adults and caregivers connect to local services and supports, such as:

- Housing resources
- Health insurance and Medicare
- Financial assistance
- Long-term care planning
- Services in the community
- Help at home



Minnesota Aging Pathways can help people plan for the future or solve a problem today.

800-333-2433

mn.gov/aging-pathways

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