

# Sustainable CHW Roadmap for Minnesota: How we can build on this plan together!

Rural CHW Conference, Breakout Session 3 | 5:00-5:45pm, November 6, 2025

## Breakout Session 3: 5:00pm-5:45pm

### **Diamond Point Room**



Rachel Stoll, CHW MNCHWA

# Sustainable CHW Roadmap for Minnesota: How we can build on this plan together!

We all know that CHWs make a tangible impact on the lives of both patients and providers. CHWs can provide patient navigation, advocacy, social support, and health education that can result in powerful health behavior changes. CHWs provide literal and linguistic access to health clinics, community and social services, and community and patient support. CHWs improve quality of care across cultures, income levels and education levels.



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These outcomes can only be achieved if CHW positions can be sustained over time. To make a CHW program launch and succeed, organizational readiness, training, and financing are necessary components. Statewide policy, funding, and planning efforts in MN from 2023-2025 have led to new resources and technical assistance available to CHWs and employers to facilitate successful CHW programs. This includes additional training opportunities for CHWs and CHW employers and organizational readiness tools and support for supervisors and administrators to support and grow the CHW profession internally –even before hiring.

Recent policy changes in MN and the US have increased reimbursement rates and billable services that CHWs can provide through both Medicaid and Medicare, leading to new ways to fund and maintain CHW programs; some of these positive changes may be under threat.

The Minnesota CHW Alliance and MDH have completed a statewide environmental scan of CHW programs, and developed a statewide infrastructure plan, logic model, and measurement plan which will lead to further efforts to expand on successful CHW program models and address barriers to expand and sustain CHW programs across the state.

We will share the sustainability plan, measurement plan and logic model and facilitate a conversation on where CHWs and CHW employers can plug into these plans and advance CHW sustainability statewide.

## Presentation Objectives



**Summarize** recent Minnesota and national policy, funding, and planning efforts that have led to new resources and technical assistance available to CHWs and employers to facilitate successful CHW programs



**Identify** key components of CHW program sustainability, including organizational readiness, training, and financing mechanisms.



**Describe** the scope and scale of CHW workforce and infrastructure in Minnesota



**Recognize** statewide resources, tools, and technical assistance available to CHWs and employers to strengthen CHW programs and workforce infrastructure.



**Interpret** elements of Minnesota's CHW Sustainability Plan, Logic Model, and Measurement Plan and **discuss** opportunities for CHWs and CHW employers to engage in statewide sustainability efforts.

## Improve health outcomes

- Chronic disease control
- Mental health
- Healthy behavior
- Health disparities

## **Advance health equity**

- Provide cultural, linguistic, and community specific services
- Address social determinants of health
- Advocate for individual and community needs



## **Reduce health care costs**

- Emergency room use
- Hospitalizations
- Health care spending

#### 3:1 net return on investment

# Improve satisfaction & quality

- Improve patients' perceived quality of care
- Positively impact provider satisfaction

# CHW Education and Training in MN



#### **CHW Certificate Program**

MN CHW Alliance

State Colleges and Universities



# **CHW Registered Apprenticeship Program**

Department of Labor and Industry



# CHW Online Learning Modules

MN Department of Health



### CHW Professional Development

MN CHW Alliance











# MDH CHW Initiatives and Community Engagement Unit

Collaboration and coordination between state and community partners





#### **MN CHW Alliance**

Professional, advocacy, capacity building organization for CHWs and employers



## **Training**

Academic CHW certificate program, apprenticeship, upskilling



### **Financing**

Medical billing – Medicaid & Medicare
Grants, levy's
Legislative appropriations



### **Evaluation and Measurement**

Environmental scan, measure development

## What's new in CHW Infrastructure in MN?

Statewide Logic Model for CHW Infrastructure 2022 CHW Grant
Authorized for
MNCHWA
capacity and
MDH evaluation
through statute

2024 MDH CHW Environmental Scan Sustainable
Roadmap, Logic
Model,
Measurement
Plan
2025







2023









2022 - 2025

HRSA CHW Training
Program CHW Certificate
Scholarships,
Apprenticeship Program,
Upskilling CHW modules

2024

Medicare
Coverage of
CHW services
and adoption by
MN Medicaid

2025
Stakeholder
Work Group
Convening
MNCHWA/MDH

# CHW Infrastructure: Environmental Scan Key Findings

Minnesota has a robust infrastructure in place to support the CHW profession, including:

- Statewide scope of practice
- Academic CHW Certificate training program and upskilling trainings
- Medical billing and reimbursement
- MN CHW Alliance (MNCHWA), a non-profit who builds community and systems capacity for better health through integration of CHW strategies

There are opportunities to **strengthen and expand** effective CHW services statewide:

- Increase funding and sustainability for positions
- Support employer readiness and capacity
- Advance CHW training, support, and career development
- Establish state strategy and coordination.
- DHS billing methods/process support



CHW Certificate Program Schools **6** 



CHW Certificate Holders **1631** 



CHWs Employed **880** 



Counties with CHW activity **54%** 



## 2024 MN CHW Workforce



Providers enrolled with DHS to Bill **209** 



CHW Certificate Holders from Greater MN **64%** 



Codes for Reimbursement

5



CHW Employers Billed for Reimbursement last year

**77** 



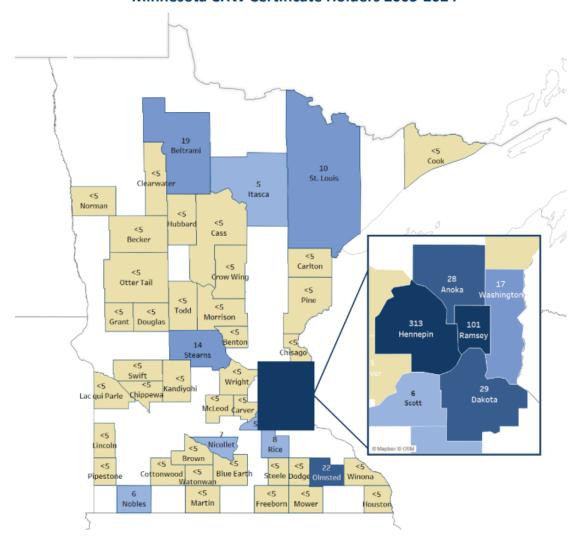
CHW in Healthcare Homes **31%** 

# CHW are 2<sup>nd</sup> highest desired position by Local Public Health, after public health nurses

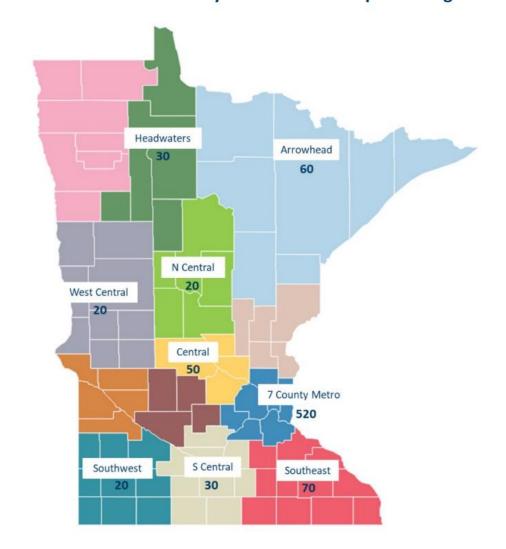
-LPHA Survey 2022

## Where are CHWs located?

#### Minnesota CHW Certificate Holders 2005-2024



#### **CHW Labor Estimates by Economic Development Region**



## Where and how are CHWs doing their work?

## Settings/Locations

- Local public health and government
- Health care
- Dental care
- Community based organizations
- Home Visiting
- Third Party Payors/Managed Care
- Schools
- Jails
- Fire Department/Police Department/EMS/CP
- Homeless Shelter
- Tribal Nations

## Roles/Functions/Services

- Navigation of health and human services systems
- Screen and Address SDOH
- Member of care delivery team
- Care coordination and chronic disease management
- Home visiting
- Health education and self-management support
- Community outreach and events
- Outreach and enrollment in public programs
- Evidence-based health education groups
- Vaccine Outreach

"I do it all: car seats, DHS paperwork and next thing I know I am looking at a furnace." - CHW in Rural Southern MN

	Intervention Model	Model Approach
Clinical	Individualized Management toward Patient-Centered Targets (IMPaCT)	Support individuals in achieving personal goals leading to improved outcomes. Drive health system engagement; navigate clinical appointments
	Transitions Clinic Network model	Employs specially trained CHWs with a history of incarceration who help patients leaving prison make a successful transition to better health
	Health care Home	Health care home, the patient centered medical home model in MN, CHWs are members of the health care team and provide functions of care coordination, system navigation, health education, SDOH screening and connection to community resources.
	Behavioral Health home	The Behavioral Health Home model focuses on integrating primary care, mental health services, and social services for adults with mental illness or children with emotional disturbance. CHWs play a crucial role in this model by assisting individuals in coordinating care and services while working toward their health and wellness goals.
	Oral Health	Models in dental clinic, school, and home visiting settings in Minnesota. CHWs are shown to increase knowledge of oral health best practices, and activities like brushing and flossing among patients. These services are especially needed in dental care professional shortage areas.
Community	Pathways Community HUB	Address and surface non-clinical needs that impact health. Navigate individuals to relevant social services. Uses a regional community care coordination approach and pay for-performance financing from public and private payors.
	Other Community Hub Models	Other community hub models consist of creating a community-based care coordination network that identifies individuals with modifiable risk factors – medical, social, behavioral – and connects them to services, tracks outcomes and contracts with payers that directly tie payment back to those outcomes.
	Family Home Visiting	Family home visiting is a voluntary, home-based service ideally delivered prenatally through the early years of a child's life. It provides social, emotional, health-related and parenting support and information to families and links them to appropriate resources.
	<b>Evidence Based Health Education Programs</b>	Diabetes Prevention Program, Heart Disease Curriculum, and other evidence-based programs offered in group settings
	Third Party Payors/Managed Care Organizations	MCOs can integrate CHWs as part of population or care management teams. CHWs employed by the health plan often conduct outreach telephonically or at community events. CBOs also contract with MCOs to provide CHW services to MCO members to provide outreach and connection to health and social services
	Tribal Nations Community Health Representative	Tribal nations across MN and nationally have Community Health Representative (CHR) programs deeply rooted in the tribal culture and community. CHRs are frontline public health workers who improve access to health care in American Indian/Alaska Native

## Financing for CHWs in MN

## CHW positions are generally supported by braided funding:

- Grants government and foundation
- General operating dollars
- Public funding/levies
- Medical Billing and Reimbursement
  - Minnesota Health Care Programs (MN Medicaid) Provider Manual, Community Health Worker
  - <u>CMS Medicare Federal Register</u>
  - Contracts with Health Plans/Managed Care Organizations
- Sustainability often supported by evidence of outcomes and ROI



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## Medical Reimbursement of CHW Services in MN



Minnesota Health Care Programs (MHCP)

- CHW Education
- Community Health Integration



**Medicare** 

- Community Health Integration
- Principal Illness Navigation



Managed Care Organizations

- MHCP covered services
- Outreach and Access
- CHW Pathways Models



Covered CHW services in MN are now closely aligned with the MN CHW scope of practice

#### **Covered Services**

- CHW Education: Individual or group health education
- Community Health Integration: Services to address unmet SDOH needs (e.g., assessment & care planning, system navigation, resource connection, health coaching, advocacy & support)
- Principal Illness Navigation: care navigation as part of the treatment plan for a serious, high-risk disease

#### **Billing Requirements**

- CHW must have a MN CHW Certificate and register with DHS as a provider
- CHW services need to be ordered/initiated and supervised by an eligible medical billing provider following Medicaid and Medicare guidelines

# CHW Roadmap for a Sustainable Future

1. Expand CHW Training & Workforce Development

1.A Expand options for gaining the CHW Certificate, especially in rural and underserved areas.

1.B Develop tiered career pathways for CHWs, including specialization opportunities.

1.C Provide ongoing continuing education, professional development, and leadership programs.

1.D Integrate cultural competency and health equity into training curricula.

2. Promote Evidence-Based Models and CHW Services 2.A Expand Community Awareness Of CHWs and Results 2.B Implement and evaluate evidence-based and community-driven CHW models

2.C Promote CHW integration into healthcare teams and community-based organizations.

2.D Document and disseminate best practices and success stories.

3. Develop Sustainable Funding and Policy

3.A Advocate for full implementation of reimbursement for a broad range of CHW services.

3.B Establish/streamline use of standardized billing, including use of codes and reimbursement rates.

3.C Secure funding for CHW positions through state, private, and federal grants.

3.D Develop policies that support CHW integration and sustainability.

4. Engage in Data Collection and Evaluation

4.A Develop a centralized CHW workforce registry.

4.B Establish metrics to evaluate CHW impact on health outcomes.

4.C Conduct regular surveys and studies to inform policy and practice.

4.D Promote CHW-led research and evaluation initiatives.

## 2025-2028 Statewide CHW Initiative Logic Model

#### **Objectives**

#### **Current Activities**

CHW Agency in Profession Statewide

- CHW voice in structure changes
- CHW led professional leadership group

Awareness of CHW Roles

- Statewide awareness campaign
- Train the Trainer

Increase CHW certificate holders, CHWs employed and training options

- Recruit CHWs from diverse locations and communities
- Employer supports, apprenticeship and pathways

Support Evidence-Based Models

- MNCHWA Demonstration projects of CHW models
- MNCHWA TA and training for CHWs and employers

**Assessment and Evaluation** 

Implement Measurement Plan and grow Registry,
 CHW led research and evaluation

Financing and Sustainability

- CHW reimbursement awareness and tools
- CHW policy refinement

#### **Long Term Outcomes**

Professional standards are shaped, monitored, and advanced by CHWs.

CHWs are widely recognized as trusted, effective, and essential members of care and service teams.

Increased health care access and improved health outcomes for people from rural and diverse backgrounds.

Reduced disparities in chronic diseases, injury, violence, and substance use disorder.

Statewide access to appropriate and effective CHW services.

## Measurement Plan

# What patient/participant outcomes can CHWs achieve?

- Increased empowerment
- Increased social support
- Improved self-reported health status
- Treatment plan completion
- Shifting care from emergency and disease centered to primary care and preventative centered

# Are CHWs working under the conditions required for their work to be effective?

- Living wage with benefits
- Supportive/reflective supervision
- Opportunities for advancement
- Genuine integration into teams

# What policies can the state enact to strengthen the workforce?

- CHW Definition in statute
- 10 Core Roles included in Scope of Practice
- Sustainable funding sources
- Meaningful integration into public health and healthcare systems

# What did it take to achieve these efforts?

- Number of CHWs working in Minnesota
- Number of CHWs enrolled in and completed CHW Certificate
- Communities served by CHWs
- Individuals served by CHWs
- Number of CHW employers and Registered Apprenticeship Sites

# Take the Statewide CHW or CHW Employer Survey!

## **CHW Survey**



Statewide CHW Survey 2025 (https://mnchwalliance.org/statewide-chw-survey-2025/)

## **Employer Survey**



Statewide CHW Employer Survey
(https://mnchwalliance.org/chw-supervisors-and-employers-survey/)

# How to get involved

- Adopt strategies and measures in the road map and logic model
- Participate in surveys, environmental scans, and share success stories
- Get involved in implementation work groups
  - CHW Measurement Plan
  - Sustainable Funding & Policy
  - Community Engagement & Health Outcomes in Evidence Based Models
  - Training and career/workforce development

Contact: <a href="mailto:health.chw.mdh@state.mn.us">health.chw.mdh@state.mn.us</a> or <a href="mailto:info@mnchwalliance.org">info@mnchwalliance.org</a>



# Sustainable Roadmap

https://tinyurl.com/MN CHWRoadmap



## **Logic Model**

https://tinyurl.com/MNCHWLog icModel



# Measurement Plan

https://tinyurl.com/MNCHWMe asurementPlan

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## Current Programs for CHWs at MNCHWA

#### Annual Leadershp Institute

• 5 month leadership development program

#### **CHW Circle**

Monthly peer learning opportunity

#### **CHW Platform and Registry**

• Training platform with opportunities for CHWs to connect

#### Tuition Assistance and student support

• For CHWs going through the Certificate program

## Current programs for Employers at MNCHWA

Registered Apprenticeship Organizational Readiness
Assessments

Supervisor Roundtable

Consulting

Employer Training

Technical Assistance

# Free CHW Training Modules – MDH Learning Center

Trainings can be accessed through the MDH e-learning center (www.health.state.mn.us/about/tools/learningcenter.html).

#### **Arthritis Management for CHWs**

This short 15-minute course explores the role of CHWs in supporting patient arthritis management including understanding risk factors, management, treatment, and referral.

#### **CHW Role in Diabetes Care**

Learn about diabetes and how CHWs can play a vital role in managing this serious chronic health condition

#### Stroke Care for CHWs

A short 10-minute course for CHWs that reviews the risk factors for stroke and what can be done to reduce a client's risk

# Helping Clients with Asthma – A CHW Approach

Learn about basic physiology, signs and symptoms of asthma; describe medications, correct use of inhalers and spacers/holding chambers, and how to identify asthma triggers.



#### **CHWs 101: Introduction to Research**

This interactive course introduces research concepts, types of research, models of community-based research, ethics, and potential careers or roles. The course includes videos of a few local CHWs who are engaged in research.

#### **Dementia Training for CHWs**

This course provides an overview of Alzheimer's and dementia, risk reduction, dementia detection, living with dementia and caregiver support.

#### **Heart Health Conditions: Education for CHWs**

A short 10-minute course for CHWs that reviews the risk factors for heart health conditions and what can be done to reduce a client's risk



## **MDH CHW Initiatives Resources for Employers**



<u>Community Health Worker</u> (CHW) Employer Toolkit - MN Dept. of Health

https://www.health.state.mn. us/facilities/ruralhealth/emer ging/chw/index.html



Community Health Worker Reimbursement

https://www.health.mn.gov/communities/commhealthworkers/docs/billing.pdf



MDH 2024 CHW
Environmental Scan Summary

www.health.mn.gov/commu nities/commhealthworkers/ docs/chwsummary.pdf



Community Health Workers in Minnesota-State of the field in 2024

https://www.health.mn.go v/communities/commhealt hworkers/docs/chwminnes ota.pdf

Questions or need more information? Contact us: <a href="mailto:health.chw.mdh@state.mn.us">health.chw.mdh@state.mn.us</a> or visit: <a href="mailto:www.health.mn.us/chw">www.health.mn.us/chw</a>

## **Contact Us**



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# Please take our post survey!

