As A Community Health Worker I **CAN**:

**Help you learn how to manage your health and teach you how to access needed services such as:**

\_\_Assist you with finding a ride to your medical appointments

\_\_Help you schedule appointments with your medical, social/community service providers

\_\_Give you information about community resources/services

\_\_Assist you with calling/communicating with your medical team (primary doctor, health coach, nurse, dietitian, etc.) and social/community service workers (social worker, eligibility worker, public health nurse, etc.)

\_\_Help you fill out necessary documents needed to obtain medical, social/community services

\_\_Help you arrange to have an interpreter present at your various medical/community services appointments

\_\_Help you learn to self-manage your medical/treatment plan

As A Community Health Worker I **CANNOT**:

\_\_Provide medical Interpretation

\_\_Transport you in my own vehicle or to places not related to your medical needs

\_\_Help you pay for medications/services, etc.

\_\_Assist you with issues relating to breaking the law/law enforcement (fines, court cases, probation, etc.)

\_\_Provide medical advice or diagnosis

\_\_Call employers or write notes for missed work due to medical appointments (we can help you communicate with your doctor for needed documentation)

\_\_Be in your home if drugs, alcohol or firearms are present. Please keep any weapons/dangerous items locked away for our visit.

**CHWs teach and empower. A CHW can help you learn how to manage your health and be a resource for you.**